

Table: Overview of APS

Four key areas	10 requirements
1. Management and operation	<ol style="list-style-type: none"> 1. The mentoring/befriending project has clear aims, objectives and outcomes 2. There is an appropriate level of resources available to develop and sustain the project, including funding, management and staff 3. There is a commitment to managing the safety of project staff, service users and mentors and befrienders
2. Service users (mentees and befriendees)	<ol style="list-style-type: none"> 4. There is a clear process for the identification and referral of service users 5. The needs of service users are assessed in determining how mentoring and befriending can help them
3. Mentors and befrienders	<ol style="list-style-type: none"> 6. The recruitment and selection process for potential mentors and befrienders is safe and effective 7. Mentors and befrienders receive appropriate induction and training so that they can provide effective support to service users 8. Support is provided to mentors and befrienders to help them develop in their role
4. The mentoring and befriending relationship	<ol style="list-style-type: none"> 9. There is a clear and consistent process in place for matching service users with mentors and befrienders 10. Mentoring and befriending relationships are regularly monitored to ensure they are making progress and that outcomes are achieved